


# Take a Walk of Inspiration and Tranquility

Discover the Fruitlands Labyrinth



Enjoy memorable views of the changing seasons and **historic Nashoba Valley** — all while walking a spiral of simple fieldstones.

An **ancient archetypal image**, a labyrinth reflects life's journey, its endless turning points and repeating cycles, and our need to make meaning of it all. Unlike a maze that has dead ends, a labyrinth has a single path that winds its way to the center, and back again. Located beyond the museum's fountain, our labyrinth's path follows a **19th century Pima basket design** from our Native American collection.

Walking our labyrinth is another way to experience the **beautiful landscape** surrounding our museum, and provides a tranquil spot to quiet the mind and release stress. It will inspire your **contemplative** side and deepen connections to nature, ourselves, others and the world.

## EXPERIENCE OUR WALKING TRAILS

Several miles of easy trails through fields and woodlands offer many opportunities to explore our surrounding landscape. Trails are included with museum admission and are always free to members.

## ONE VISIT IS NEVER ENOUGH

Become a member and get unlimited admission for one year, store, restaurant and program discounts and reciprocal admission to many New England museums. For details, contact our membership department at (978) 456-3924, ext. 289, or visit [fruitlands.org](http://fruitlands.org)



*Thanks to Linda Hoffman and Kathryn Liebowitz for creating a labyrinth for reflection and renewal.*

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